

# **Europass** **Βιογραφικό Σημείωμα**

## **Προσωπικές πληροφορίες**

Όνομα / Επίθετο  
Διεύθυνση εργασίας  
Τηλέφωνο  
E-mail  
Εθνικότητα  
Ημερομηνία γέννησης  
Οικογενειακή κατάσταση

## **Τίτλος**

## **Εργασιακή εμπειρία**

Χρονικό διάστημα  
Απασχόληση ή θέση  
  
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Απασχόληση ή θέση  
Οργανισμός  
  
Χρονικό διάστημα  
Απασχόληση ή θέση  
Οργανισμός

## **Επιστημονικές διακρίσεις**

## **Εκπαίδευση και κατάρτιση**

PhD  
BSc

## **Ερευνητικά ενδιαφέροντα**

## **Διοικητικές θέσεις**

### **Δημήτριος Κουρέτας**

Βιόπολις, Μεζούρλο, 41500, Λάρισα  
+30 2410565277  
[dkouret@uth.gr](mailto:dkouret@uth.gr)

Ελληνική  
02-05-1962

Παντρεμένος με τη Χαριτίνη Νέπκα MD, PhD, Ιατρό – Κυτταροπαθολόγο στο Πανεπιστημιακό Νοσοκομείο Λάρισας, μία κόρη την Αναστασία Κουρέτα, γεννημένη το 1995, Ιατρό.

### **Καθηγητής Φυσιολογίας Ζωικών Οργανισμών - Τοξικολογίας**

2007 - Σήμερα

**Καθηγητής Φυσιολογίας Ζωικών Οργανισμών – Τοξικολογίας**, Τμήμα Βιοχημείας και Βιοτεχνολογίας, Πανεπιστήμιο Θεσσαλίας

2003 - 2007

**Αναπληρωτής Καθηγητής**, Τμήμα Βιοχημείας και Βιοτεχνολογίας, Πανεπιστήμιο Θεσσαλίας

1997 – 2003

**Επίκουρος Καθηγητής**, Πανεπιστήμιο Θεσσαλίας

1995 - 1997

**Λέκτορας**, Πανεπιστήμιο Θεσσαλίας

1993-1995

Ερευνητής

**Θεαγένειο Αντικαρκινικό Νοσοκομείο, Θεσσαλονίκη**

1990-1992

Μεταδιδάκτορας

**Ιατρική Σχολή του Harvard, Βοστώνη, ΗΠΑ**

- Βραβείο στο 7<sup>ο</sup> πολυσυνέδριο με θέμα «Καινοτομία & Ανάπτυξη» για τη συμβολή του στην Καινοτομία και την Ανάπτυξη. Η επιλογή έγινε από τη Μικτή Επιτροπή του Ελληνο-Γερμανικού Εμπορικού Επιμελητηρίου και την οργανωτική επιτροπή του συνεδρίου, 2014
- Βραβείο Ακαδημαϊκής και Επιστημονικής Αριστείας στον τομέα των οικολογικών καινοτόμων τροφίμων από την ΕΕ, 2013

1989:

PhD στη Βιοχημεία, Τμήμα Χημείας, Αριστοτέλειο Πανεπιστήμιο Θεσσαλονίκης

1985:

BSc στη Φαρμακευτική, Πανεπιστήμιο Πατρών

- Μοριακοί μηχανισμοί της αντιοξειδωτικής δράσης φυτικών φαινολικών συστατικών
- Οξειδωτικό στρες και άσκηση
- Αντιοξειδωτικές δράσεις φυτικών εκχυλισμάτων
- Βιολειτουργικά τρόφιμα και άσκηση

2013-2015, Πρόεδρος του Περιφερειακού Συμβουλίου Καινοτομίας, Περιφέρειας Θεσσαλίας ([http://liaison.uth.gr/attachments/2014/134-RIS3Thessaly\\_V2.pdf](http://liaison.uth.gr/attachments/2014/134-RIS3Thessaly_V2.pdf))

2013-2014, Αναπληρωτής Πρύτανης, Πανεπιστήμιο Θεσσαλίας

2013-2014, Επιστημονικός Υπεύθυνος Γραφείου Διασύνδεσης, Πανεπιστήμιο Θεσσαλίας (<http://liaison.uth.gr/index.php/el/>)

2015-σήμερα, Διευθύντρια του Προγράμματος Μεταπτυχιακών Σπουδών Τοξικολογία, Πανεπιστήμιο Θεσσαλίας ([http://www.bio.uth.gr/index.php?option=com\\_content&view=article&id=742&Itemid=124&lang=en](http://www.bio.uth.gr/index.php?option=com_content&view=article&id=742&Itemid=124&lang=en))

2017- σήμερα: Πρόεδρος της Ελληνικής Εταιρείας Τοξικολογίας

2017-2021 : μέλος του SCHEER (Ομάδα εμπειρογνομένων της Ευρωπαϊκής Επιτροπής)

2019: Ιδρυτής της FoodOxys IKE Τεχνοβλαστός, Πανεπιστήμιο Θεσσαλίας ([www.foodoxys.com](http://www.foodoxys.com))

2019: Μέλος της Παγκόσμιας Ακαδημίας Επιστημών

## Συντάκτης σε επιστημονικά περιοδικά

**Associate Editor** Food and Chemical Toxicology ( IF 5.572)

**Associate Editor** Environmental Research (IF 8.431)

**Associate Editor** Toxicology Reports

**Academic Editor** Oxidative Medicine and Cellular Longevity (IF 7.310)

**Academic Editor** Antioxidants (IF 7.675)

**Guest Editor** Food and Chemical Toxicology 2013

## Κριτής

Sport Medicine, Molecular Endocrinology, Xenobiotica, Toxicology in Vitro, Chemico Biological Interactions, Toxicology Letters, Food and Chemical Toxicology, European Journal Of Applied Physiology, Chemical research in Toxicology, Mutation Research, Journal Of Physiology, Physiological research, Journal Of Medicinal Food, British Journal Of Pharmacology, Pharmacological Research, Toxicology, Scand. Journ. Of Sport Medicine, British Journal of Sport Medicine, Basic and Clinical Pharmacology Toxicology, Chinese Journal of Physiology, Fitotherapia, Biochemical Pharmacology, Exp. Ther. Medicine. Biomedical Reports, Molecular Medicine Reports, PLOS one.

## Χρηματοδοτούμενα ερευνητικά προγράμματα

- ΠΕΝΕΔ 2003 «Ταυτοποίηση και αξιολόγηση βιολογικών ενεργών χημικών ενώσεων σε ελληνικά κρασιά και αντίστοιχες ελληνικές ποικιλίες αμπέλου (VITIS VINIFERA) - Διερεύνηση του ρόλου τους ως χημειοπροληπτικές ενώσεις» (ολοκληρώθηκε)
- EYREKA 2006-2008 «Αξιοποίηση υποπροϊόντων από τη βιομηχανία τοματοπολτού και επεξεργασία φρούτων μέσω της ανάκτησης βιοδραστικών ενώσεων υψηλής προστιθέμενης αξίας». Προϋπολογισμός: 350000 ευρώ
- Βιοχημική παρακολούθηση αθλητών κλασικού στίβου της Εθνικής Ελλάδος (ΣΕΓΑΣ, 55000 ευρώ) (2007-2008)
- ΔΙΕΘΝΗΣ ΣΥΝΕΡΓΑΣΙΑ στο πλαίσιο του ΠΕΠ Θράκης 2006-2008 «Ενσωμάτωση βιοδραστικών φυτικών εκχυλισμάτων στην παραγωγή και πιστοποίηση βιολειτουργικών γαλακτοκομικών προϊόντων υψηλής προστιθέμενης αξίας». Προϋπολογισμός 400000 ευρώ.
- 'Διατροφική αξία και παραγωγή υψηλής ποιότητας βιολειτουργικών γαλακτοκομικών προϊόντων με προσθήκη φυτικών εκχυλισμάτων εμπλουτισμένων σε αντιοξειδωτικά (προϋπολογισμός: 260000 ευρώ) Από την επιχορήγηση Πόλων Καινοτομίας της ΓΓΕΤ.
- «Ανάπτυξη βιολειτουργικού αλεύρου με ενσωμάτωση φυτικών εκχυλισμάτων εμπλουτισμένων με βιοδραστικές ενώσεις». Σε συνεργασία με την εταιρεία Μύλοι Καπλανίδη (προϋπολογισμός: 70000 ευρώ).
- «Ανθρώπινα δίκτυα έρευνας και τεχνολογικής εκπαίδευσης. Ανθρώπινο δίκτυο εκπαίδευσης στον τομέα των βιολειτουργικών τροφίμων». Χρηματοδοτήθηκε από τη ΓΓΕΤ με 200000 ευρώ.
- Παραγωγή βιολειτουργικών γαλακτοκομικών προϊόντων υψηλής ποιότητας με προσθήκη φυτικών εκχυλισμάτων εμπλουτισμένων σε αντιοξειδωτικά (προϋπολογισμός: 50000 ευρώ) σε συνεργασία με την εταιρεία Όλυμπος
- Παραγωγή βιολειτουργικών τροφίμων από εκχυλίσματα φαρμακευτικών φυτών από τον Κίσαβο (50.000 ευρώ). Νομός Λάρισας (2009-2011)
- Μελέτη συνύπαρξης γενετικά τροποποιημένων με κανονικά φυτά στην Κύπρο (150.000 ευρώ). Από Κυπριακή Κυβέρνηση μετά από διεθνή διαγωνισμό (2009-2012).
- Συμβόλαιο με τη spin-off K-Meditura (105.000 ευρώ για 3 χρόνια) (2010-2013).
- Ενσωμάτωση φυσικών αντιμικροβιοτικών φυτικής προέλευσης σε κρεατοσκευάσματα υψηλής προστιθέμενης αξίας σε συνεργασία με την εταιρεία κρέατος Βογιατζόγλου (30000 ευρώ) (2011-2013).
- Εκτίμηση της αντιοξειδωτικής δράσης των εκχυλισμάτων βοστρύχων σταφυλιού -

- Ενσωμάτωση εκχυλισμάτων βοστρύχων σταφυλιού σε προϊόντα αρτοποιίας και εκτίμηση της in vivo αντιοξειδωτικής τους ικανότητας σε συνεργασία με τους Μύλους Καπλανίδη και το Οινοποιείο Ντούγκου (80000 ευρώ) (2010-2013)
- Μελέτη της αγροθρεπτικής ταυτότητας των τροφίμων σε συνεργασία με την εταιρεία Eat walk (60000 ευρώ) (2012-2014)
  - Μελέτη βιοδεικτών οξειδωτικού στρες και μεταβολικό προφίλ σε ασθενείς (300000 ευρώ) (2012-2018)
  - Επιδράσεις ενός προϊόντος που περιέχει υδατάνθρακες και πρωτεΐνες σε βιοδείκτες οξειδωτικού στρες μετά από χορήγηση σε αθλητές (ΕΣΓΑ, 45000 ευρώ) (2011-2014)
  - Εκτίμηση οξειδωτικού στρες σε φυσιολογικές και παθοφυσιολογικές καταστάσεις με τη χρήση του διαγνωστικού συστήματος ORP της εταιρείας Luoxis (47000 ευρώ) (2013-2015)
  - Μελέτη χημικής σύστασης και τοξικότητας υγρών που χρησιμοποιούνται στα ηλεκτρονικά τσιγάρα (Ένωση Εταιρειών ηλεκτρονικού τσιγάρου; 756000 ευρώ) (2012-2018)
  - Μελέτη βιοδραστικότητας βιολειτουργικών τροφίμων από σπιρουλίνα (20000 ευρώ) (2014-2017)
  - Εκτίμηση οξειδωτικού στρες σε i) αθλητές, ii) σηπτικούς ασθενείς, iii) ασθενείς με διατροφικές διαταραχές, με τη χρήση των διαγνωστικών εξετάσεων ORP της εταιρείας Luoxis (προϋπολογισμός 45.000 ευρώ) (2014-2016)
  - Μελέτη βιολειτουργικών ιδιοτήτων εκχυλισμάτων καφέ (45.000 ευρώ)
  - Μελέτη βιολειτουργικών ιδιοτήτων εκχυλισμάτων ελαιολάδου από αγιορείτικο ελαιόλαδο (50.000 Ευρώ). Συνεργασία με την Οινοποιία Τσάνταλη, Ελλάδα (2016-2018)
  - Βιολειτουργική Ανάπτυξη Τροφίμων από βοστρύχους σταφυλιού: Συνεργασία στο πλαίσιο της δράσης ΕΡΕΥΝΩ-ΚΑΙΝΟΤΟΜΩ-ΔΗΜΟΥΡΓΩ ΓΣΤΕ, Ελλάδα (450.000 ευρώ), 2018-2020. ΕΠΙΣΤΗΜΟΝΙΚΟΣ ΥΠΕΥΘΥΝΟΣ
  - Μελέτη της ποιότητας του ελληνικού κρέατος με συνδυασμό μοριακών και άλλων τεχνικών: Συνεργασία στο πλαίσιο της δράσης ΕΡΕΥΝΩ-ΚΑΙΝΟΤΟΜΩ-ΔΗΜΟΥΡΓΩ ΓΣΤΕ, Ελλάδα (850.000 ευρώ), 2018-2020. ΕΤΑΙΡΟΣ
  - Μελέτη GIS και αντιοξειδωτικό προφίλ κερασιών στην Ελλάδα, για την ανάπτυξη εργαλείου υψηλής προστιθέμενης αξίας ελληνικών προϊόντων: Συνεργασία στο πλαίσιο της δράσης ΕΡΕΥΝΩ-ΚΑΙΝΟΤΟΜΩ-ΔΗΜΟΥΡΓΩ ΓΣΤΕ, Ελλάδα (400.000 ευρώ), 2018-2020. ΥΠΕΡΓΟΛΑΒΟΣ
  - Γαλακτοκομικά προϊόντα υψηλής προστιθέμενης αξίας από εκμετάλλευση πολυφαινολών από απόβλητα νερού ελαιτριβείων: Συνεργασία στο πλαίσιο της δράσης ΕΡΕΥΝΩ-ΚΑΙΝΟΤΟΜΩ-ΔΗΜΟΥΡΓΩ ΓΣΤΕ, Ελλάδα (450.000 ευρώ), 2018-2020. ΥΠΕΡΓΟΛΑΒΟΣ
  - Κέντρο δεξιοτήτων για φυσικά προϊόντα. Επιχειρηματικό Πρόγραμμα Ανταγωνιστικότητα, Επιχειρηματικότητα και Καινοτομία (2.600.000 ευρώ), 2021-2023. Εταίρος
  - Αξιοποίηση των Ελαιοκομικών Προϊόντων / Συστατικών του Δελφικού Ελαιώνα και των Υποπροϊόντων τους για την Παραγωγή Βελτιωμένων Προϊόντων Κρέατος και αλλαντικών, (530.000 ευρώ), Επιχειρησιακό Πρόγραμμα «Στερεά Ελλάδα» 2020 – 2023. ΥΠΕΡΓΟΛΑΒΟΣ
  - Αξιοποίηση υποπροϊόντων και απορριμμάτων ελαίων, για παραγωγή καινοτόμων βιολειτουργικών ζωοτροφών και ποιοτικών ζωικών προϊόντων. Συνεργασία στο πλαίσιο της δράσης ΕΡΕΥΝΩ-ΚΑΙΝΟΤΟΜΩ-ΔΗΜΟΥΡΓΩ ΓΣΤΕ, Ελλάδα (990.000 ευρώ), 2021-2023. ΥΠΕΡΓΟΛΑΒΟΣ
  - Αντιφλεγμονώδης δράση ενώσεων φυτικής προέλευσης (67.000 ευρώ), 2020-2022, Συνεργασία με Attica Sciences LTD
  - Δοκιμή αναλόγων δεύτερης γενιάς GS27 σε κύτταρα HepG2, HeLa και καρκινικά κύτταρα παγκρέατος για να δοκιμασθεί η ικανότητά τους να μειώνουν το ένζυμο ACLY σε επίπεδο πρωτεΐνης και mRNA, καθώς και την κινάση p70S6 και να αυξάνουν την έκφραση του pAMPK, (240.000 ευρώ), 2020- 2022, Συνεργασία με την Attica Sciences LTD

## Εκπαιδευόμενοι στο εργαστήριο

- Έργο Marie Skłodowska-Curie, Πρόγραμμα Έρευνας και Καινοτομίας της Ευρωπαϊκής Ένωσης Horizon Europe υπό τη συμφωνία επιχορήγησης 101061141 (300.000 ευρώ) (2022-2024)

Ολοκληρωμένες διδακτορικές διατριβές:

1. Δ. Στάγκος (2002-2006) Μελέτη βιολογικών ιδιοτήτων σε εκχυλίσματα και φυτικές πολυφαινόλες από ελληνικές ποικιλίες αμπέλου (*vitis vinifera*)
2. Χ. Σπάνου (2006-2010) Μελέτη βιολογικών ιδιοτήτων εκχυλισμάτων από διάφορες ποικιλίες ψυχανθών
3. Α. Βεσκούκης (2006-2010) Επίδραση της χορήγησης αλοπουρινόλης στο οξειδωτικό στρες κατά την άσκηση
4. Α. El Hamitie (2009-2013) Regulation of protein kinases by Cdc37 and chaperone proteins.
5. Ε. Βαραμένη (2008-2012) Μεταβολές δεικτών οξειδωτικού στρες, φλεγμονής και αγγειογένεσης κατά τη διάρκεια ενός ετήσιου προπονητικού κύκλου αθλητριών υδατοσφαίρισης υψηλού επιπέδου
6. Ε. Κερασιώτη (2011-2014) Επίδραση της χορήγησης σκευάσματος υδατανθράκων-πρωτεϊνών σε δείκτες οξειδωτικού στρες, φλεγμονής και υποξίας μετά από άσκηση σε ανθρώπους
7. Ν. Γκουτζουρέλας (2013-2016) Μελέτη της επίδρασης εκχυλισμάτων σταφυλιού σε μυϊκά και ενδοθηλιακά κύτταρα με συνδυασμό μοριακών τεχνικών
8. Κ. Γερασόπουλος (2013-2016) Αποτίμηση της αντιοξειδωτικής ικανότητας σε χοίρους και κοτόπουλα κρεοτοπωγαγωγής μετά από χορήγηση ζωοτροφής με πολυφαινολικά πρόσθετα από απόβλητα ελαιοτριβείου
9. Σ. Μακρή (2014-2019) Αποτίμηση της αντιοξειδωτικής ικανότητας βιολειτουργικών ζωοτροφών εμπλουτισμένων με υποπροϊόντα οινοποιείου και ελαιοτριβείου σε κοτόπουλα και πρόβατα κρεοτοπωγαγωγής
10. Υ. Σπανίδης (2015-2019) Αποτίμηση οξειδωτικού στρες in vino με τη χρήση ενός νέου δείκτη οξειδοαναγωγικού δυναμικού σε φυσιολογικές και παθοφυσιολογικές συνθήκες
11. Α. Πρίφτης (2015-2019) Αποτίμηση της βιοδραστικότητας σε εκχυλίσματα καφέ
12. Π. Κούκα (2016). Αποτίμηση αντιοξειδωτικής ικανότητας ποικιλίας ελαιολάδου του Αγίου Όρους με συνδυασμό μοριακών τεχνικών
13. Π. Φουντουκίδου (2016). Μέτρηση δεικτών οξειδωτικού στρες σε ιστούς και αίμα αρουραίων μετά από χορήγηση μείγματος φυτοφαρμάκων και συντηρητικών τροφίμων σε μικρές δόσεις, για μεγάλο χρονικό διάστημα
14. Ζ. Σκαπέρδα (2018). Μελέτη δεικτών οξειδοαναγωγικής κατάστασης στο κρέας παραγωγικών ζώων.
15. Nikolaos Georgiadis (2018). In depth review analysis aiming to establish scientific regulatory criteria for the classification of chemical substances as cardiotoxicants according to relevant EU legislation.

Σε εξέλιξη

1. Φ. Τέκος (2020). Μελέτη της βιολογικής δράσης γηγενών ποικιλιών οίνου, σε in vitro και in vivo συστήματα με τη χρήση μοριακών τεχνικών.
2. Π. Βαρδάκας (2020). Μελέτη της τοξικότητας νανοϋλικών και καινοτόμων υβριδικών υλικών in vitro και in vivo με συνδυασμό μοριακών τεχνικών.
3. Α. Πατούνα (2021). Μελέτη της βιολογικής δράσης γηγενών ποικιλιών μελιού in vitro με συνδυασμό μοριακών τεχνικών.
4. Κ. Τεριζή (2022). Μελέτη βιολογικής δράσης ποικιλιών βρώσιμης ελιάς και ελαιολάδων in vitro με συνδυασμό μοριακών τεχνικών

Μεταπτυχιακοί φοιτητές: 104

Προπτυχιακοί φοιτητές: 163

**Δημοσιεύσεις σε διεθνή  
επιστημονικά περιοδικά με κριτές**  
(h-index=63, αναφορές 12963)

1. **Kouretas D**, Papageorgiou A, Antonoglou O. Increased protective activity against acid precipitation of poly(U) in the serum of tumor-bearing mice. *Anticancer Res.* 1988 Nov-Dec;8(6):1307-11.
2. **Kouretas D**, Kountouras J, Tsapas G, Anastasiades N, Tsakiri I, Antonoglou O. Value of

- serum protective activity against acid precipitation of poly (U) in the differentiation between cirrhotic patients with and without hepatocellular carcinoma. *Anticancer Res.* 1990 Jul-Aug;10(4):1025-8.
3. **Kouretas D**, Trnovsky J, Holdridge M, Theoharides TC. Two-dimensional gel electrophoretic profile of rat basophilic leukemia (RBL) and mast cells. *Life Sci.* 1991;49(18):1289-94.
  4. **Kouretas D**, Karinch AM, Rishi A, Melchers K, Floros J. Conservation analysis of rat and human SP-A gene identifies 5' flanking sequences of rat SP-A that bind rat lung nuclear proteins. *Exp Lung Res.* 1993 Jul-Aug;19(4):485-503.
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## Ενδεικτικά συνέδρια (Προσκεκλημένος ομιλητής 2013- σήμερα)

- 1) 1<sup>ο</sup> διεθνές συνέδριο για την ελληνική στέβια, (1-3 Μαρτίου 2013)
- 2) 50<sup>ο</sup> Συνέδριο των Ευρωπαϊκών Εταιρειών Τοξικολογίας (7-10 Σεπτεμβρίου 2014, Εδιμβούργο)
- 3) Καινοτόμα συστήματα παραγωγής ελιάς προσαρμοσμένα για μηχανική συγκομιδή: Ολιστικές προσεγγίσεις για βιώσιμη διαχείριση (12 Νοεμβρίου 2014)
- 4) Ομάδα Εστίασης Επιχειρηματικής Ανακάλυψης για γαλακτοκομικά και κρεατοσκευάσματα για την Ανατολική Μακεδονία και τη Θράκη (29-30 Ιανουαρίου 2015)

- 5) 9<sup>ο</sup> Συνέδριο Τουρκικής Εταιρείας Τοξικολογίας με τη συμμετοχή της Ελληνικής Εταιρείας Τοξικολογίας (21-24 Οκτωβρίου 2015)
- 6) 1<sup>ο</sup> Επιστημονικό workshop «Λοιμώξεις και Διαβήτης» (30 Οκτωβρίου-1 Νοεμβρίου 2015)
- 7) 29<sup>ο</sup> Διεθνές Συνέδριο EFFoST (10-12 Νοεμβρίου 2015)
- 8) Επιχειρηματική ανακάλυψη στη Δυτική Μακεδονία: Θεματικό workshop του κλάδου του κρασιού (14 Νοεμβρίου 2015)
- 9) Ημέρες Χημείας Τροφίμων 2015 (26-27 Νοεμβρίου 2015)
- 10) 55<sup>η</sup> ετήσια συνάντηση και ToxEuro (13-17 Μαρτίου 2016)
- 11) Επιστημονικό workshop της Εταιρείας Ελλήνων Διατροφολόγων (16-17 Απριλίου 2016)
- 12) Vitafoods Europe 2016 (10 - 12 Μάιος 2016, Γενεύη)
- 13) Συμμετρίες / ασυμμετρίες, Ανισότητες γνώσης και δύναμης στις μελέτες STS (6-10 Ιουνίου 2016, Αθήνα)
- 14) Ελληνικές Ημέρες Χημείας 2017: Προσωπικό διατροφικό πρόγραμμα βασισμένο στην ατομική κατάσταση οξειδοαναγωγής
- 15) Πανεπιστήμιο Sheyang, Κίνα: Αποτοξινωτικές θεραπείες σήμερα, Οκτώβριος 2017
- 16) Agrotica Expo Greece, Φεβρουάριος 2017: Συνδυάζοντας τα γεωδεδομένα με τα βιολογικά δεδομένα στην παραγωγή φρούτων
- 17) Κλινική Buchinger, Γερμανία, Προσκεκλημένος Ομιλητής, Μάιος 2018
- 18) Παγκόσμια Ακαδημία Επιστημών, Μπανγκόγκ Ταϊλάνδη, Μάρτιος 2019
- 18) Eurotox Ελσίνκι, προσκεκλημένος ομιλητής, Σεπτέμβριος 2019
- 19) Διεθνές συνέδριο για τη Μοριακή Ιατρική, Σπάρτη, Οκτώβριος 2019
- 20) 22nd International Conference on Oxidative Stress Reduction, Redox Homeostasis and Antioxidants - Paris Redox 2020 – Παρίσι, Γαλλία, Οκτώβριος 8-9, 2020

**Μητρική γλώσσα**  
**Ξένες γλώσσες**

Ελληνικά  
Αγγλικά (Επίπεδο B2)